



Lions Clubs International  
 Lions District 19 - I  
**The Laughing Lion**  
 Edition 10, April 2023



**Greetings Lions,**

Happy April, Lions! Or in our local language, we are in Llimus, or the month when the wild geese fly in a V formation! Hul'q'umi'num is the language spoken here in the part of the world where I live, work and serve. I am hoping that Lions throughout our District are embracing local culture and language and serving everyone who has found themselves here in this place at this time. We will in just two weeks be gathering for our very last ever District I convention. I do hope many of you will come, even for a few hours.



As I see the crocus flowers poke through the soil and the cherry blossoms pop out on the trees, I realize it has already been nine months that I have been honoured again to serve as your District Governor. So many Lions Clubs are planning to roll out the Eggs and hold an Easter Egg hunt this year! What a wonderful way to also share an application form with people who come by or ask a friend to join us on this Lions Journey.

And my favourite day of the year is this month = EARTH DAY on the 22nd! What is your Club doing to protect and enhance this magnificent blue ball we call home? Lots of Environment projects are happening throughout the District.

The Great Duck Race is coming up soon, along with so many inspirational events Clubs have planned. I am so amazed by the creativity and capacity of Lions to serve their local communities, and see Lions out doing their best every day. WORLD Lions Induction Day is on the 29th of this month!

At the end of April I will be attending our new partner, District A's, convention in Richmond, as we evolve into District L this coming July.

Zoomer is hearing about a few Lions of Canada Foundation Dog Guide Walks coming up this May = please pledge some \$\$\$ to Lions participating in this walk as we work hard to build a new facility for training. (see page 26 for the walks registered in Dist. 19-I)



March was full of ferries and adventures for me as DG. From Mayne Island to Forks, Victoria Lioness Lions to Nanaimo Hub City, adding in the Wounded Warrior event in Ladysmith and the District H convention in WA and a trip to Las Vegas, I have really racked up the mileage and air miles this past month! I am so excited to visit more of the smaller Island Clubs including Protection Island, Pender, Saturna, Galiano, and the Zone 6 northern Clubs in the next couple of months. Let's end our year with an increase in membership, and a new zest for including folks of every ability in our projects and events!

Lia Versaevel > DG

# Lions Club International - Our leaders 2022 - 2023



**Brian Sheehan**  
International  
President

**Douglas Alexander**  
Imm. Past Intern'l  
Pre sident

**Dr. Patti Hill**  
Intern'l 1st  
Vice President

**Fabrício Oliveira**  
Intern'l 2nd  
Vice President

**A. P. Singh**  
Intern'l 3rd  
Vice President

## District 19 - I Cabinet



**District Governor**  
**DG Lia Versaevel**  
Ladysmith, BC  
250-606-1515  
versaevel.liamarie@gmail.com



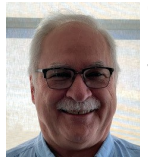
**Imed Past District Governor**  
**DG Lorne Bunyan**  
Salt Spring Island, BC  
250-537-1647 / 250-920-9059  
pdglorne.bunyan@gmail.com



**1<sup>st</sup> Vice District Governor**  
**Michael Stanford**  
Victoria, BC  
250-213-3714 / 250-412-5260  
lionmichaelvdg19i@icloud.com



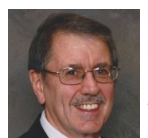
**2<sup>nd</sup> Vice District Governor**  
**Vacant—This could be you!!!**



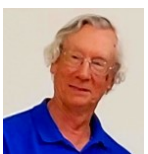
**Cabinet Secretary/Treasurer**  
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Victoria, BC  
250-245-3445  
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**District Administrator**  
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Courtenay, BC  
250-338-0509 / 250-702-0248  
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**Info & Tech/Website**  
**PDG Ron Metcalfe**  
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**Zone Chairs**  
**ZONE 19 I-1 Chair**  
Lion Kevin Borde (Renee)  
Port Angeles, WA  
Cell: (360) 460-5848  
kevinborde.lions@gmail.com

### Clubs

Clallam Bay-Sekiui Lions   Forks Lions  
Crescent Bay Lions   Port Angeles Lions  
Quilcene Lions   Sequim Valley Lions



**ZONE 19-I-2**  
Jackie Lawrence  
Sooke, BC  
Res: (778) 425-4227  
Cell: (778) 533-0173  
jackielawrence@shaw.ca

### Clubs

Esquimalt Lions   Saanich Lions  
Sooke   Victoria Lions   West Shore Lions  
Sooke District Lioness Lions  
Sooke Harbourside Lions  
Victoria Chinatown Lioness Lions  
Victoria Chinatown Lions



**ZONE 19-I-3**  
Lion James Sikora  
Salt Spring Island, BC  
Res: (250) 931-7372  
Cell: (250) 626-7372  
james\_sikora@hotmail.com

### Clubs

Central Saanich Lions   Galiano Island Lions  
Mayne Island Lions   Pender Island Lions  
Salt Spring Island Lions   Sidney Lions  
Saturna Island Lions



THANK YOU  
FOR ALL YOU DO

## Zone Chairs cont'd



**ZONE 19 I-4 Chair**  
Margaret Wall  
Duncan, BC  
Res: (250) 748-7784  
Cell: (250) 715-5787  
margaretrwall@hotmail.com

### Clubs

C to Sea Lions   Cedar Lions  
Cowichan Lake Lions   Duncan Lions  
Ladysmith Lions   Malahat Lions  
Mill Bay Lions



**ZONE 19 I-5 Chair**  
**Lynne Davidson**  
Comox, BC  
Res: (250) 702-6078  
franklyn4741@gmail.com

### Clubs

Baynes Sound   Black Creek Lions  
Comox Valley   Gold River Lions  
Qualicum Bay Lions   Tahsis Lions  
Willow Point Lions  
Comox Valley Monarchs Lions



**ZONE 19 I-6 Chair**  
John Tidbury  
Port Hardy, BC  
(250) 902-7218/902-7218  
johntidbury@gmail.com

### Clubs

Malcolm Island Lions   Port Alice Lions  
Port Hardy Lions   Port McNeill Lions



**ZONE 19 I-7 Chair**  
ZC Betty Anne Herbert  
Ladysmith, BC  
Phone: (250) 245-7977  
Email: [lionba@shaw.ca](mailto:lionba@shaw.ca)

### Clubs

Alberni Valley Lions   Gabriola Island Lions  
Nanaimo Lions   Nanaimo Hub City  
Nanoose Bay Lions   Parksville Lions  
Parksville Lioness Lions  
Protection Island Lions

# BOSTON

# 2023



## LCICon 2023 Boston

The Lions Clubs International Convention is happening **July 7-11, 2023**. Celebrate service with your fellow Lions and Leos in the city on the hill — historic Boston, Mass

Website: <https://lcon2023boston.com/>

Register now: [https://www.mcisemi.com/lci2023/#\\_ga=2.85564369.959691253.1671571306-1394264112.1635393836](https://www.mcisemi.com/lci2023/#_ga=2.85564369.959691253.1671571306-1394264112.1635393836)

The largest and best Lions Club leadership training event in the world, the USA/Canada Lions Leadership Forum is for you!



With over 70 seminar training sessions related to developing quality Lions Clubs and thousands of Lion leaders sharing their experiences.

[www.facebook.com/events/1233863934125190/](https://www.facebook.com/events/1233863934125190/)  
<https://lionsforum.org/>



### USEFUL WEBSITES/FACEBOOK

**Lions International**  
[lionsclubs.org](https://lionsclubs.org)

**Intl President Brian Sheehan**  
<https://www.facebook.com/LionsPresident/>

**District 19 I / Facebook**  
[lions19i.ca](https://www.facebook.com/lions19i)  
<https://www.facebook.com/LionsInternationalDistrict19I>

**Multiple District 19**  
[lionsmd19.org](https://lionsmd19.org)

**Lions of Canada Fund for LCIF**  
[lionsofcanadafundforlcif.ca](https://lionsofcanadafundforlcif.ca)

**BC Lions Society for Children with Disabilities**  
[lionsbc.ca](https://lionsbc.ca)

**C.A.R.E. Project**  
[lionsmd.org](https://lionsmd.org)

**Lions of BC Hearing Conservation Society**  
[lionsofbchearingsociety.org](https://lionsofbchearingsociety.org)

**Leader Dogs for the Blind**  
[leaderdog.org](https://leaderdog.org)

**Lions Foundation of Canada Dog Guides**  
[dogguides.com](https://dogguides.com)

**Diabetes Awareness**  
[diabetes.ca](https://diabetes.ca)

**Northwest Lions Foundation** - restoring sight, hearing and hope  
[nlfoundation.org](https://nlfoundation.org)

**Lions Club International Foundation**  
[lcif.org](https://lcif.org)

**Global Action Team (GAT)**  
<https://www.facebook.com/groups/2236757789943562>



VIRTUAL EVENTS CENTER  
**UPCOMING WEBINARS**

**Want to know what Virtual events (training etc) are coming up? Visit:**

[www.lionsclubs.org/en/virtual-events-center](https://www.lionsclubs.org/en/virtual-events-center)

**You can also suggest a topic:**  
[www.surveymonkey.com/r/suggest-a-webinar-topic](https://www.surveymonkey.com/r/suggest-a-webinar-topic)

## LION'S DISTRICT 19-I's FINAL CONVENTION 2023

HAVE SOME FUN AS WE CELEBRATE A SPECTACULAR 53 YEAR  
LEGACY AND EMBRACING WHAT WILL BE OUR NEW FUTURE!



**Where:** Ramada Convention Centre (Formerly the Silver Bridge Inn)  
Duncan B.C.

**When:** April 14, 15, and 16

**Who:** Everyone, come share the fun and fellowship

**Why:** To come together after COVID celebrate 19I and welcome District 19L

**How:** Register with Eventbrite see the link below



**Friday night:** Fun Night theme will be **"19I Sumer Camp"**. Put on your special camping attire

**Saturday:** Great Speakers, panels to inform.

**Saturday night:** The District Governor's Dinner will be at Arbutus Ridge Golf Course and limited to a maximum of 125.

**Sunday:** Memorial Service.



Register (COPY AND PASTE THE LINK)

<https://www.eventbrite.ca/e/19-i-spring-convention-2023-tickets-525186716607>



### DYNAMICS OF A SUCCESSFUL CLUB BUILDING FOR THE FUTURE

- Will take an in-depth look at what makes a club successful
- Understanding your clubs human resources
- How to get the most from your members

Presented by PCC Al Beddows and PDG Jane Beddows

Register with All (abeds@telus.net) or Jane (jbeds@telus.net)

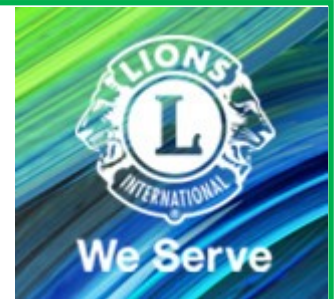
May 27, 2023

9:00 – 3:00 PM OAP Centre 2465 Labieux Rd Nanaimo



## PRESIDENT'S MESSAGE

### Together We Can with International President, Brian Sheehan



Hello, Lions!

Like so many of you, I'm proud to carry on my family's legacy as a Lion. But today, we're doing things a whole lot differently than my grandfather did. That's because innovation is such a huge part of our tradition, and it's how we've met the changing needs of our communities for generations.



Innovation is about embracing new ideas, new service and new ways of connecting with our communities—and it begins with each of us. So let's keep thinking about new ways to innovate. Because when we ensure that our tradition of service is as vital today as it ever was, we not only honor our past, we create a brighter future for our communities and our world.

Make a Great Day!

*Brian E. Sheehan*

### Innovation Begins with You

As Lions, we don't just adapt—we innovate to meet the ever-changing needs of our communities. Here are three ways that your club can keep innovating every day.

- Welcome change** – Every new member brings new skills and new ideas that can help your club serve even better. So invite friends and family to your next innovative project, and **Just Ask!** them to serve with you as a Lion.
- Stay connected** – Connect with your community by sharing your service stories on social media. Get tips, blogs and how-to videos on our **Social Media for Lions Clubs** page, or go even bigger with our **social media kits** to make your pages really stand out.
- Serve big** – Be ambitious about your service, and explore the **LCIF Grants Toolkit** to learn more about our grants that can help you serve even bigger than before.

And don't be afraid to try something new. Watch this **special video message** from President Sheehan to see how Lions are making a big difference in their communities by thinking outside the box.

**Just Ask!:** [lionsclubs.org/EN/pdfs/me302.pdf](https://www.lionsclubs.org/EN/pdfs/me302.pdf)

**Social Media:** <https://www.lionsclubs.org/en/resources-for-members/social-media>

**Social Media kits:** <https://www.lionsclubs.org/en/resources-for-members/social-media/kits>

**LCIF Grants Toolkit:** <https://www.lionsclubs.org/en/lcif-grants-toolkit>

**Special Video:** <https://youtu.be/KOUz-ocDL2M>

**Don't forget to checkout the Lions Swag—**<https://lionsclubsinternational.myshopify.com>

## Black Creek Lions



DG Lia presenting Black Creek Lions President Terry Levesque a Golden Key Award for bringing in 26 new Lions over his term as a Lion.



## Comox Valley Monarch Lions

We had several members attend the reception at 888 Wing for the Wounded Warriors Runners as they completed another leg of their Run from Port Hardy to Victoria.



We were pleased to have PDG Ron Webber present a Cheque on behalf of the Club. Several Lion members showed up to cheer these gallant warriors on. With the exception of the Legions we were the only Service Club in attendance but all in all there was a large crowd of cheerleaders.

## Duncan Zone 4 Meeting

Duncan Lions Club, ZC Lion Margaret Wall, hosted the Zone 4 meeting, with 6 clubs in their area represented including Lions from Cedar, Malahat Lions Ladysmith LIONS CLUB Lake Cowichan, Mill Bay, and of course Duncan. A great group of Lions doing astounding service to their communities. Carol Martin gave a presentation on Lions Foundation of Canada Dog Guides which was well received & a lot of fun. Two of the clubs will be engaging in future Walks for Guide Dogs. Cec Specht, Lia Marie Versaevel Betsy Banford Jude Briscoe Betty Anne Herbert— with Betty Anne Herbert.



Central Saanich provided food to approx 350 Peninsula Soccer youth players and their parents at the year-end tournament held at the Blue Heron Park.



## Central Saanich Lions

by Joan Adam



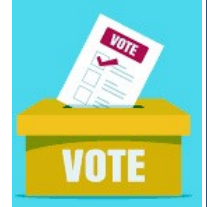
We made a generous donation to the Central Saanich Senior Citizens Association to replace the blinds in their Community Centre.

We made a donation of \$13,000.00 to the Victoria Hospitals Foundation to purchase a Uretroscope for the Urology Department. **(Fantastic Work - DG Lia)**



# Nominations for Second Vice District Governor MD19-L

District I Convention April 15, 2023



## Election Process, Nominations from the Convention floor:

Nominations for Second Vice District Governor will be accepted from the Convention floor. The call for nominations will be made during the morning session April 15, 2023.

- Nominator(s) to verbally state candidate details. Five-minute time allotment.
- Secunder(s) speech, each such nominee for endorsement shall be entitled to one, three-minute speech.
- Finally, the nominated Lion(s) will have an opportunity to accept the nomination. Three-minute time allotment.

## The next steps following nomination:

- The qualified candidate(s) will have two weeks in which to submit their letters of endorsement to the District and Club Officers as directed in our Constitution and by-laws. Note: All candidate(s) qualifications will be vetted.
- Successful candidate(s) names to be placed on a ballot and subjected to one vote per Lions Clubs in MD19-I.
- Once Certified as a Candidate by the District Nominating Chair, the voting date will be set by the District Governor with each club in MD19-I receiving ONE vote.

The District Governor will instruct the District Cabinet Secretary/Treasurer to issue the call for a vote. Voting will be by e-mail with the time and date announced by the Cabinet Secretary/Treasurer.

## *Respectively submitted.*

***PDG Robert (Rob) Dalton***

***Nominations Chair, District Governor, 1st Vice DG, 2nd Vice DG***

## To qualify, source, MD19 Constitution and By-Laws:

“In order for a Lion to be eligible and qualified to be selected to fill a vacancy in the office of first or second vice district governor, he/she must: (a) Be an Active Member in good standing of a chartered Lions club in good standing in his/her single or sub-district. (b) Have served or will have served at the time he/she takes office as first or second vice district governor: (i) As officer of a Lions club for a full term or major portion thereof; and (ii) As a member of the district cabinet for a full term or major portion thereof. (iii) With none of the above being accomplished concurrently.”

## Duties:

### **“c) Second Vice District Governor.**

The second vice district governor is subject to the supervision and direction of the district governor. His/her specific responsibilities shall be to:

- (1) Further the purposes of this association.
- (2) Serve as the key District Governor Team liaison to the Global Leadership Team and actively participate and inspire other district officers to administer and promote effective leadership development.
- (3) Work with the District Governor, First Vice District Governor, and the Global Membership Team to develop and implement a district-wide plan for membership growth.
- (4) Perform such duties as assigned by the district governor.
- (5) Perform such other functions and act as required by the policy of the association.
- (6) Actively participate in all cabinet meetings and conduct all meetings in the absence of the district governor and the first vice district governor.
- (7) Participate in the preparation of the district budget.
- (8) Actively engage in all matters to be continued during the following year.
- (9) At the request of the district governor, supervise appropriate district committees and participate in the review of strengths and weaknesses of the district.”

Let's make it a Goal Date for District 19-I April 29, 2023!!!

A goal without a plan is a wish!! Plan! Action!! Celebrate!!!

World Wide Induction Day - [www.lionsclubs.org/en/worldwide-induction-day](http://www.lionsclubs.org/en/worldwide-induction-day)

Just Ask Guide - <https://temp.lionsclubs.org/EN/pdfs/me302.pdf>



## GMT REPORT

by Betty Ann Herbert

Innovation is about embracing new ideas, new service and new ways of connecting with our communities -- and it begins with each of us, so let's keep thinking about new ways to innovate. As lions, we don't just adapt -- we innovate to meet needs of communities, Welcome change -- every new member brings new skills and new ideas that can help serve even better. so invite friends and family to your projects and **JUST ASK!** them to serve with you as a lion.



Stay connected with your community by sharing your service stories on social media. Be ambitious about your service. and think outside the box

Video: <https://youtu.be/tSXBuTdOtUo>

## Alberni Valley Lions

### New Members

Two new members were welcomed to the Club in recent months: Tara Oscarson and Christine Partridge. Tara joined us in November 2022 and is a regular member of our club. She has been active in several projects already. Lion Christine is a transfer member from the Paradise & District Lions Club in St. Clements, Ontario. Christine joined our club in early March after she and her husband moved to Port Alberni.

### Online Auction

In November 2022, the Club held its Third Annual On-Line Auction featuring 217 items donated by local merchants. Of special interest was an e-bike donated by the Jumping Slug Community Cyclery and won by Gail Horvath. Once the bills were paid, the auction netted \$15,827. The majority of the proceeds were earmarked for the Zip-Track in Roger Park which, thanks to the auction, has been fully funded.

### Wounded Warriors

On day five of the run the runners travelled from Courtenay to Port Alberni. This leg was challenging as it was one of the longest runs, included multiple stops and required some tight timing. On the way the runners stopped at Bowser and Qualicum Legion branches, then proceeded to the Bowser Elementary School where they met with students and explained what the run was all about. The team also received a very generous donation. From there the runners travelled by Cameron Lake, through Cathedral Grove and over the hump to Port Alberni. At the Alberni Legion, the team was treated to a delicious spaghetti dinner and enjoyed the music of the Westcoast Highlanders Pipes & Drums. During the visit, Alberni Lions President, Lion Art Halsall, presented a \$200 cheque to the team. (see picture page 10)







The Lions Foundation of Canada Dog Guides relies on donations from individuals, service clubs, organizations and corporations and does not receive any government funding. To this end, we endeavour to help with the costs of training guide dogs through various donation streams. Hugh efforts are required for the new stat of the art Oakville facility .

This past month, I spoke of the Dog Guides programs and campaigns at the Zone 4 meeting representing Cedar, Duncan, Mill Bay, Malahat, Ladysmith and Lake Cowichan. The presentation was educational and fun, with two clubs considering a Walk for Dog Guides in their communities. My own club, Gabriola Island Lions Club, has held this event for many years. A totally family day and the dogs love it. Register and donate on line with [www.dogguides.com](http://www.dogguides.com). LFCDG will send scads of info, brochures, and you can pick up some swag at your local businesses if you like, to add to the goodie bags provided to those who come out for the walk. It is a lot of fun. An easy to do community event on the last day of May but you can make it another day if that works better.

The Green Capes calendar fundraiser was of interest and Zone 7 is looking into helping raise monies for the Capital Campaign, toward our new Oakville facility. Gabriola Island Lions Club is planning to sell calendars, too, with an eye on several distribution channels. Every little bit helps to realize our new Oakville facility.

Lion Jude Briscoe and myself hunkered down to a strategy session, with an eye to creating various events throughout the year focused on our dogs which we love, and the Dog Guides, creating awareness, learning, and getting out there and having fun. We plan on sharing these ideas with the Cabinet, Zones and Clubs. Wherever we go, people love their dogs.

Spring Convention in Duncan, April 14-16, is coming up fast. Stop by the Dog Guide display for a fun and informative game with several prize draws. I want to thank LCLC Polly Voon for her support as well as Lions Steve Smith and sister Mary Martin, who have been so generous.



### Happy National Puppy Day!

Every year on March 23<sup>rd</sup>, we celebrate all of our Dog Guides, including our adorable Dog Guide puppies.

A special thank you goes out to everyone involved in breeding, training and matching Dog Guides. From foster families and volunteers that pour their heart and soul to make sure the puppies are ready for Instructors to teach those special skills, to Lions Clubs, donors and companies that contribute financially so we can continue to deliver on our mission.



Carol Martin  
Gabriola Island Lions Club  
D19-1 Dog Guides Chair

The Dog Guide comic crafted by Elizabeth Shefrin, an artist/writer here on Gabriola. Comic-a-Day  
[www.youtube.com/watch?v=4mzUjFkM7yM](http://www.youtube.com/watch?v=4mzUjFkM7yM)



# Wounded Warriors Run BC [www.inthistogether.run](http://www.inthistogether.run)

An update of the Wounded Warrior Run BC supplement .



Here are additional pictures/info from clubs that made donations to the WW Run BC.



Alberni Valley \$200 - Jacqueline & Pres Art



Comox Valley Monarch \$500



Duncan \$1000



Esquimalt \$1000 + cheerleaders



Ladysmith \$500 - Jacqueline / DG Lia



Malahat \$1000 - Norm Jacqueline Doug



Nanaimo \$1000 - Burnie Jacqueline Jonathan & Dave



Mill Bay \$500 Shelly, Jacqueline, Sylvia



Nanaimo Hub City \$1000 Jacqueline, Claire

These clubs made donations but pictures not available.

Cedar \$1,000

Central Saanich \$1,000

Gabriola \$500

Parksville \$1,000

Port McNeill \$250

Sooke 2 x \$500 this year

Sooke District Lioness Lions will donate \$500

West Shore \$500



Port Hardy \$500 Pres Lynn



Sooke Harbourside \$500

**NOTE: If your club made a donation and it is not represented here, contact me and I will mention it in May's newsletter. [esmithmd19i@gmail.com](mailto:esmithmd19i@gmail.com)**



My Name is **Sarge Marcotte** and I am an 8 1/2 year old purebred Yellow Lab. I was born and raised into the Service Dog program at BC and Alberta Guide Dogs in Vancouver BC.

When I was ready to be a PTSD Service dog I was delivered to Qualicum Beach to VICD. This is where I met my Dad, Stéphane Marcotte. I chose him to be my person because he really needed me and I could tell that he would work well with me. We have been inseparable ever since. **THANK YOU LIONS !**



Victoria \$1000

## Forks Lions

By DG Lia

March 11th I was in Forks on Thursday. What a hoot! Saw them raise \$1150 in under 10 minutes for the High School Dry Grad!

Forks Lions were established in 1947 and are still going strong. They are an unconventional Club, known to raise money on the spot for those who come with pies to auction off. Every kind of pie imaginable was on offer when I visited, and \$1150 was gathered from the members present to support the Dry Grad for the Class of '23 in June. This way of supporting the community has been traditional for many years. Zone Chair Kevin Borde attended with some supporters from the Port Angeles Club, including his brother, whom he has just recruited after 40 years of his own membership. Forks Lions erected an enormous structure in the local park which serves as a picnic and Barbeque shelter for multiple events throughout the year. They have also installed an enormous flag pole with a donation brick surround to raise money for their projects. Well done, Forks!



## Esquimalt Lions

by Kelly Lynn Kurta

Here is some fun things. The first is Family Day with Marilyn 'learning the ropes' of "Pancake Flipping"



Next at the Craigflower Monthly Breakfast where we just started helping out the school to serve the families and their children.



The trailer is our "New and Improved" Transport Trailer for the Esquimalt Lions done by 3 Amazing Lions at a Work Party - Daryl, Clint and Rory



The "Kurt Browning on Ice" - 4 time world champion came to Archie Browning Sports Centre for 3 shows and the Esquimalt Lions served up Den Dogs, snacks along with coffee and hot chocolate to warm those hands to the 1200 ticket holders!



And our Tail Twister took us back to Art Class for St Patrick's Day!

Our upcoming events are:

April 9 - Township of Esquimalt Easter Eggstravaganza at Gorge Point Park

May 13 - 14 Buccaneer Days

May 22 - marshalling of the 123rd Victoria Day Parade

May 21 - 22 Highland Games concession

June 2-4 Oak Bay Tea Party





## Gabriola Lions

by Carol Martin

Gabriola Lions celebrate 48 years of Service **"It is better to Serve than to Receive"**, Founding member, Lion Eric Boulton.

### LETS END DIABETES!

#### Does your club have a Diabetes Chair?

It's that time of year when elections are happening within clubs. Time to start picking your clubs leaders and chairs for next year in Lions. Consider if your club does not already have a Diabetes chair who can? Who will? See the March Diabetes Newsletter for more info.

#### DIABETIC FOOT DISEASE

Foot problems are very common in people with diabetes and can lead to serious complications. Diabetes can cause nerve damage (also known as diabetes peripheral neuropathy) and poor blood flow of circulation to the legs and feet. As a result of this, people with diabetes are less likely to feel a foot injury, such as a blister or cut. Unnoticed and untreated, even small foot injuries can quickly become infected, potentially leading to serious complications.

Prevention is the best medicine. A good daily foot-care routine and good blood sugar control will help keep your feet healthy.

If you have any of the list below, it's time to seek professional help.

- \* If you have corns, calluses, in-grown toenails, warts or slivers have them treated
- \* If you have swelling, warmth, redness or pain in your legs or feet, see your doctor right away
- \* Have your feet checked by your doctor at least once a year, get screened for neuropathy and

PDG Georgia Medwedrich, MD19-I Diabetes Chair

[gdalmaine@gmail.com](mailto:gdalmaine@gmail.com)



#### LCIF Grants

Visit their site for more information.

<https://www.lionsclubs.org/en/start-our-global-causes/diabetes>

The Gabriola Lions know how Serve and since our Charter on March 16th, 1975 Lion members have been working hard while having fun, serving the Gabriola Community.

March 13th, the Gabriola Lions Club came together to celebrate their Charter and to celebrate the successfulness of the Club. A huge thank you to our Social Director, Lion Olga who managed this big event. The cake & flowers were a resounding masterpiece, delicious appetizers by Lion Shirley, and Bubbly by Lion Betsy. We were honoured to have Zone Chair Betty Anne Herbert attend.

Lion Carol put together and presented a wonderful history booklet to Lion Eric; the history booklet is in Lion Eric's own words, truly a fantastic tribute to Lion Eric and the Lions Club he started!



We're not your grandfather's Lions Club anymore.



**TICKETS on SALE NOW!**



**May 13 Seafood Dinner**  
Always a sell-out, get your tickets early!




- \* Famous Seafood Buffet
- \* Fresh Local Seafood
- \* Live and Silent Auctions

Tickets \$60 each  
\* By Phone: Jim Pletz 250-539-3424  
\* By Email: lionsgaliano@gmail.com

Galiano Lions Fundraiser



**Mill Bay Lions**

by Earl Gregory

A few month ago we mentioned that we had a electric wheelchair available. Happy to say it has found a new home with someone that the Central Saanich Lions were able to

help out.

On the 4th of March we welcomed the Wounded Warriors Run to our local Legion.

We made a \$500 donation in appreciation for all this run means and does for our first responders.



**Sooke District Lioness Lions**

are honoured to welcome our newest members Carol Mitchell and Rhonda Vandale! Ladies you have already shown incredible willingness to offer your service and we are delighted you chose to join us.



**Nanoose Bay Lions Club Easter Egg Hunt**



**Date: April 9, 2023**

**Location: Nanoose Place Community Centre**  
2925 Northwest Bay Road, Nanoose Bay  
Face Painting, Balloon Animals, Bubbles, etc. at 11:00 am  
Egg Hunt at 12:00 pm

We have two clowns:  
**POP and BUBBLES**

Bring the kids and enjoy this fun event.  
**Please bring along an Easter basket for the hunt!**  
See you there.....

**SOOKE HARBOURSIDE LIONS**

**DUCK DAY**  
AT THE FLATS  
Featuring the 15th Annual Duck Race



**May 13th, 2023**  
Sooke River Campground  
11am—2 pm (Ducks race at noon)  
Free Admission

Prizes: 1<sup>st</sup> \$1000,  
2<sup>nd</sup> \$400, 3<sup>rd</sup> \$300,  
4<sup>th</sup> \$200, 5<sup>th</sup> \$100  
Games: Hot Dog Concession

Tickets on sale at:  
SFRS Community Thrift Store,  
Sooke River Campground,  
Bosley's (Cash only)  
East Sooke Grocer (Cash Only)  
\$5 Each or \$20 for "Quack Pack" of Five Tickets

Proceeds go to local Charities  
(Leave your pets at home please!)



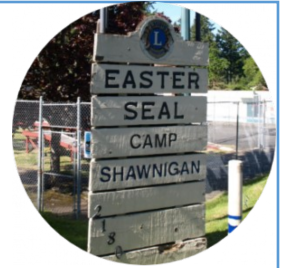
## Camp Shawnigan Improvement Committee

### Easter Seals Overnight Summer Camp

A summer camp tradition for over 50 years, Easter Seals offers one of the best nature-based, fully accessible, overnight summer camps for children, youth and adults age 19 with disabilities.

It's a place where campers can explore and develop their abilities in a safe, warm, fun and supportive environment. A place they can just be themselves.

<https://eastersealsbcy.campbrainregistration.com/>



### 2023 Summer Camp Dates & Pricing Registration is Open for 2023

#### OVERNIGHT CAMP (ages 6-18)

Dates	Location	Availability	Fee	
Jul 1-5 2023 (Week 1)	Shawnigan	Open for Registration	\$800	Sign up
Jul 18 -22 2023 (Week 3)	Shawnigan	50% Full	\$800	Sign up
Aug 4 – 8 2023 (Week 5)	Shawnigan	Open for Registration	\$800	Sign up

OVERNIGHT CAMP (ages 19-49) NEW CAMPER WEEKEND (ages 6-18) FAMILY CAMP WEEKENDS

VIRTUAL CAMP (ages 6-18) VIRTUAL CAMP (ages 19-49)

**How to Register** - Registration Opens February 13, 2023 at 9am.

**Supporting Documentation** - The following 2 documents are required.

**Medical Update Form** – Please complete no more than FIVE (5) days prior to camp and bring to camp at drop off. Only required if your medical has changed since the last time you filled out a medical form

**Initial Assessment Form** – Please complete no more than TWO (2) days prior to camp and bring to camp at drop off.

#### We Welcome All Abilities

Easter Seals summer camps are for children and adults with physical and cognitive disabilities between the ages of 6 to 49 years old. With fully accessible facilities and specially trained staff, our programs can accommodate campers with, but not limited to:

\* Developmental Challenges \* Anxiety Disorders \* Down Syndrome \* Autism Spectrum Disorder \* Cerebral Palsy \* Epilepsy/Seizure Disorders

Please contact us if you have questions about whether or not our camps would be a good fit for your child.

FOR MORE INFORMATION <https://www.eastersealsbcy.ca/overnight-summer-camp/>

USA/Canada  
**LIONS**  
LEADERSHIP FORUM

[www.facebook.com/events/1233863934125190/](https://www.facebook.com/events/1233863934125190/)  
<https://lionsforum.org/>

USA/CANADA LIONS LEADERSHIP FORUM  
IS  
GOING TO RENO, NEVADA  
**SEPTEMBER 21 – 23, 2023**





## Sooke Harbourside Lions

by Deb Schenk

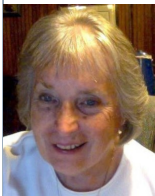
April Showers they say.....washing away perhaps gloom and doom, bringing happiness and joy! Thinking of the freshness that rain brings, no wonder April is environmental month. When you think of the rain cleaning the air of pollutants and pollen increasing the quality so you can breathe easier, that is a good feeling. Its also cleaning the streets of soot, chemicals etc and it is our job to do the rest and that's what we as volunteers will be doing this month at Whiffin Spit enjoying the beauty around us and helping keep our beaches clean and our marine life safe.

Ducks.....they don't mind the rain! Tickets have begun to sell and are a hot commodity in the community for for the ever popular Duck Race in May so if you haven't got yours, be sure to connect with one of us!



**Mother's Day 2023 is Sunday, May 14th!** - The Sooke Harbourside Lions are once again holding their Mother's Day Fundraiser. Along with a wonderful variety of hanging flower baskets and planters, we're also offering strawberry baskets, tomatoes and peppers! For tomatoes, we have Little Bing Tomato (Cherry), Galahad (Beefsteak), Little Napoli (Roma), and Little Sicily (Slicer) For peppers we have Alter Ego (Chili), Labomba (Jalapeno) and Better Belle (Sweet Bell).

Orders will be delivered on May 3rd and available for pick-up from 11am to 3pm. For more information and to request your order form, email [bevlewis71@gmail.com](mailto:bevlewis71@gmail.com)



## Malahat Lions

by Raye Pinder

We have been busy as always doing the weekly maintenance at the Shawnigan cemetery. The same crew have also been putting in many hours at Camp Shawnigan.

We presented generous donations to BCLS for Camp Shawnigan, another to Broken Promises who protect abused and abandoned animals, and a third to the Wounded Warriors run. Presenters are Norm Wills and Doug Kelly. We are supporting a new horse, Dudley, for the therapeutic riding program at Providence Farm.

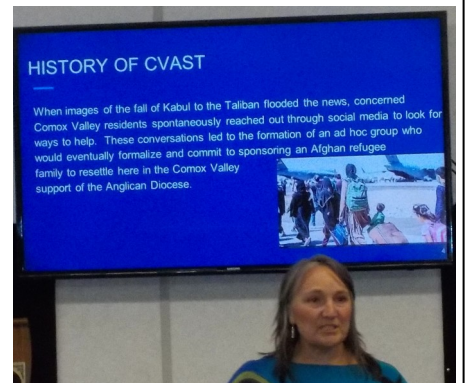


## Comox Valley Lions

By Bob Scales

Sherry MacLeod from the Comox Valley Afghan Sponsorship Team (they have a private Face Book page) visited our March 21st meeting to share the Team's efforts to bring a family to the Comox Valley. The family is currently living in exile but are not safe from the Taliban's reach. If you would like to volunteer email [CVASTinfo@gmail.com](mailto:CVASTinfo@gmail.com) .

Our BINGO is every Friday at the Lions Den, 1729 Rear, Comox Ave., Comox. Drop by for a fun evening of 28 games of BINGO. Doors open at 4pm card sales at 5pm and first game at 6:30pm....





## Salt Spring Lions

By Lorne Bunyan

We recently inducted 4 new members. Pictured left to right: Shirley Bunyan - Sponsor Lorne Bunyan; Candace Parks - Sponsor Connie Galano; Andrea Carr - Sponsor Majorie Paulker; and Zoe Sikora - Sponsor James Sikora



Our Garage sale is going great. It is our year round effort for the environment.



## Sidney Lions Club

The Sidney area donated nearly 50lbs of pop tabs. They were delivered to Billings Ronald McDonald House by Lion Ron Gebhardt.



The Sidney area donated used eyeglasses! The gift of sight will be shared with 355 people, the number of glasses VP Lion Yvonne Gebhardt (and Lion Ron) will be delivering.



Our Club donated a walker to the Shoal Centre. The Walker had recently been given to the Sidney Lions Club. Deb Greenaway mentioned that they keep items like these in reserve in case somebody needs them. In the Photo President Bill DesLauriers is presenting Deb with the walker.



## Port Hardy Lions

We had the honour to be on the first leg of the Wounded Warrior RunBc. Here are a couple of pictures of that day.







Please support the Lions Quest District Challenge ~  
Q Bear Club Membership for \$100.00.

<https://lionsquestcanada.online/Registration-Forum>



## Live & On Demand Webinars

What the Heck is Lions Quest? (<https://register.gotowebinar.com/recording/8554930965547559170>)

Are you a Lion, Lioness, or Leo who has asked this question? Join us for this introductory webinar to learn about Lions Clubs International signature youth program, and how we are making a difference across Canada (and around the world). Find out how you, your club, and your district can become involved with Lions Quest.

Social Emotional Learning & Lions Quest Program (<https://register.gotowebinar.com/recording/2941540364201558529>)

This webinar will provide you with an overview of the importance of Social Emotional Learning (SEL) and how Lions Quest programs help achieve SEL outcomes in the classroom & school setting.

Watch our YouTube channel: <https://www.youtube.com/@lionsquestcan>



VDG Michael G Stanford  
District 19-I Lions Quest Chair  
Victoria Lions Club  
[lionmichaelvdg19i@icloud.com](mailto:lionmichaelvdg19i@icloud.com)



LCIF District  
19-I Coordinator  
Lorne Bunyan  
[pdglorne.bunyan@gmail.com](mailto:pdglorne.bunyan@gmail.com)



**Lions Clubs International**  
**FOUNDATION**

MARCH 2023

Hello fellow Lions - In my last newsletter edition I thanked everyone for their efforts last year when we grew our Lions Foundation Campaign 100 donations to over \$55,000. During my term as your DG we as a District, joining with our other 8 district partners achieved an average individual donation of \$179 per member. That made us the top MD in Canada! Well done MD 19 and District 19-I. District 19-I had 36 Clubs of our 48, (75%) donate to the Campaign. That was great, but can we be 100%?

Since last year things have slowed down and only 17 Clubs of our 48, (35%) have donated to our Foundation this year. I was hoping that we could increase our Club contributions to at least what we did last year. We are in the last quarter of our year and I know lots of Clubs save their donations until this quarter, so I ask each Club President to be apart of our 100% attempt to become recognized and honored as a 100% District. It is simple, if you haven't donated, donate ANYTHING to LCIF. Any donation, small or larger will check the box required for District 19-I to transition to District 19-L as a 100% contributing District! Thank you for all you do Lions.

PDG Lorne Bunyan  
District Coordinator - LCIF

**CANADIAN DONATION TO:**  
Lions of Canada Fund for LCIF  
C/O PDG Stan Durward  
Box 38, Sunderland, Ontario L0C 1C0

**USA AND OTHER CONTRIES**  
Lions Clubs International Foundation  
Department 4547  
Carol Stream, IL 60122-4547 USA

# Nanaimo Lions

By Larrie Taylor

## FREE SKATE/FREE SWIM

The Lions Free Skate season came to a close March 26. A highlight of the year was February 12 when we shared the event with the Canadian Parents for French, a national, volunteer-led organization that seeks to create and promote French language learning opportunities and resources. Up to 5,800 skaters had taken advantage of our program.



Starting April 12 we will be offering our annual Lions Free Swim at the Nanaimo Aquatic Centre. The program will be scheduled every Saturday at 1.00 to 2.30 Pm to from April 15 to June 24

## VISION SCREENING

In conjunction with Nanaimo Hub City Lions and the Gabriola Lions we completed the 28 schools in District 68. We screened a total of 1,688 students and of these 138 were referred for complete eye examinations by professionals. The members volunteered a total 114 hours to complete these schools. Evelyn I don't have any photos]

## EYEGLOSS RECYCLING

The club continues to collect and send used eyeglasses to CLERC in Calgary. To date our committee chair has reported that we have shipped 4,954 pairs of glasses and have volunteered 55 hours.

## PARTIAL LIST OF DONATIONS

- |  |  |
|--|--|
| Bed Lift for elderly lady: \$184.00              | Eye exam and glasses for elderly lady: \$250.00      |
| Girls fastball team: \$500.00                    | Take a Hike: \$500.00                                |
| Wheelchair for elderly lady: \$2,000.00          | Vancouver Island Health Foundation: \$500.00         |
| Canadian Liver Foundation: \$500.00              | Lions Foundation of Canada Building Fund: \$5,000.00 |
| District 191 Wounded Warrior project: \$1,000.00 | Haven Society: 500 gas cards                         |
| Wounded Warriors \$1000                          |  |

## FUND RAISING

Dumpster Divers: club members continue to participate in our major fundraiser: picking up recyclables from local restaurants and other businesses. The total raised for 2022 \$24,173.56. Total hours for 2022 - 1962. Number of Lions 12



Watch this video to see what CLERC volunteers do.

<https://calgary.ctvnews.ca/lions-club-volunteers-making-clear-difference-around-the-world-through-eyeglasses-program-1.6275552>



## Protection Island

by Rick Biller

We run a Speaker Series and this month was Raul Herrera. Raul talked about his experience being an actor. "The incredible (sometimes painful), Fun and Weird world of the film industry: an actors perspective". Snack and beverage donations with go to the PI Players. Visit their FaceBook page to see their events.  
[www.facebook.com/ProtectionIslandLions](http://www.facebook.com/ProtectionIslandLions)

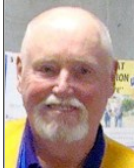


They had their second of the two Pirate Park work parties. We hope to plant the remainder of the trees, ferns and Oregon grape. We would also like to tackle a clean-up of blackberry stalks and roots as well as removing some Ivy.

Protection Island Lions Club's Easter egg hunt is on Sunday, April 9th at 11 am sharp! All ages Easter bonnet competition! Hot drinks and goodies by donation! Island and visiting grandchildren are welcome! Contact Emily at [emily.barnewall@gmail.com](mailto:emily.barnewall@gmail.com)



We'd love to see more followers on this page. Want to help us promote the Protection Island Lions Club Facebook page AND enter to win some sweet treats? Entering was easy! People were asked to LIKE and SHARE the post and LIKE the Protection Island Lions Club Facebook page. The winner was drawn March 5, librarian Cate received the beautiful basket.



## Sequim Valley Lions

by George Dooley

Lion David Blakeslee from the Sequim Valley Lions named Sequim Citizen of the Year. It was noted in his nomination speech that Lion David's devotion to this community and the diverse scope of projects he is involved in clearly demonstrates his commitment to making the community a better place.



As the current President some of his noteworthy projects include coordinating the Handicapped Ramps for Seniors project, Vision Screening and Hearing for local elementary school students, organizing Lion volunteers for the Sequim Food Bank, coordinating with the City of Sequim the major festivals throughout the summer such as the Sunshine Festival,

Annual Logging show, the Irrigation Festival, the Lavender Festival and the Lions crab Feed. As President of the Sequim Valley Lions Club, David continues to be the "go to guy" for other non-profit organizations in need of help.

In summary, Lion David's selfless nature and his "lead by example" management style, exemplifies his devotion to our community and to Lionism.

### Sequim Food Bank Fence Project

Wow, What a fun project. This week the Sequim Valley Lions donated and put up over 200 feet of cedar fencing for the Sequim Food Bank.

Thank you Lions Steve Sahnaw, John Riley, Ed Alders, Mark Sikas, Don Dockum, Don Crews, and volunteer Don Murray.



# Leadership is Service



## The Northwest Lions Leadership Institute

May 4-7, 2023

Ross Point Conference Center  
Post Falls, Idaho

[www.nwlli.org](http://www.nwlli.org)



"Leadership training at its best."

# Service is Leadership

*Are you ready to take the next step to build your leadership skills?*

**When:** May 4-7, 2023

**Where:** Ross Point Conference Center  
820 S Ross Point Road  
Post Falls, ID 83854

Cost: \$350 (deposit \$150 US/CAN at par)

*Applicants from Clubs in MD 19 can apply for a special fee waiver, which can reduce the cost of the Institute by \$200. See web site for details.*

The cost covers:

- 3 nights lodging
- 8 meals
- All training materials



The application process includes several steps which must be complete and submitted by **April 1, 2023.**

For more information, visit our website:

[www.nwlli.org](http://www.nwlli.org)

Or contact:

Dave Risley  
[registrar@nwlli.org](mailto:registrar@nwlli.org)  
360-930-2751



### Lions Serving Lions



Please Register to reserve your seat & Donate to support our **Lions Clubs International Foundation** at Tell-A-Thon 3.0 June 4th 2023 at 10 AM CDT!

It will be a most inspiring, entertaining, and uplifting show in all of Lionism.

FaceBook page: <https://www.facebook.com/LionsVirtual/>

Register now: <https://www.Tellathon.org>

Watch this cute video of IP Brian and 1stVP Patti: <https://www.facebook.com/LionsVirtual/videos/585379506690443>

Hosted by Lions Clubs International 1st Vice President Dr. Patti Hill, the show will feature dynamic stories of service from all around the world, it will have incredible musical performances, and there will be amazing surprise celebrity guest appearances.

This is a show and experience that should be shared with everyone you know! Help raise awareness about how Lions Clubs International Foundation empowers service globally and impacts the lives of millions through grants and humanitarian aid.

Invite your friends, family, and coworkers to watch the Tell-A-Thon. Plan a watch party, host a community viewing! Together we can share our story.



## Hub City Lions

by Leslie Smith

Club membership is steady with 12 members and two associate members. We recently designed a club brochure. Have new club shirts on the way.



Our newest service project is with Risebridge Mid Island Culture Connection Society. This is a three month pilot project in connection with a local grocery store where we will be delivering much needed supplies for their warming centre.



Recent donation to Uplands Park Elementary School for playground equipment

Lion Greg was presented his 10year chevron at our last meeting during DG Lia's presentation. He was a happy lion. So wonderful to see recognition to a well deserved lion.



Club elections have already taken place for 2023-2024.



## Ladysmith Lions

By Allen McDermid

The Ladysmith Lions Club are proud to support the Wounded Warrior BC Run. DG Lion, Lia Versaevel, proudly presented our donation to Jacqueline Zweng on March 4th when they were on route to Chemainus.

On March 14th our Club was happy to welcome Lion Zone 4 Chair Margret Wall as our guest speaker. Her message is for all Lions Clubs on the Island to continue to be strong and grow as we move into the upcoming District L. 'Lion' Wall will be stepping down as our ZC. We thanked her for all her hard work and wished her well for the future.



The Ladysmith Lions Club members are excited to announce that their Easter Egg Hunt is returning to Transfer Beach Ladysmith on Saturday April 8th, from 1030 AM till Noon. The Easter Bunny will be on hand to meet and greet all the children and will be escorted to the event by the members of the Ladysmith Fire Rescue, in a fire truck. This popular

event has been in hiatus for the past few years due to COVID protocols.

We would like to thank the residents of Edgewood Estates for their continued support of our can and bottles drive. . Your generosity helps our club fund many local community programs for children and seniors. **Have a GREAT spring!**





## Victoria Chinatown Lioness Lions

By Amanda Mills

In March, several of our members attended a fundraising dinner for the St. Nicholas Ukrainian Catholic Church. Funds will go toward repairing the bell in the steeple of the Colville St. church. A full meal of perogies, cabbage rolls, kovbasa and delicious sweets and cakes were enjoyed by hundreds of guests.



Each week, 2 or 3 members go to Soap for Hope premises to package/prepare bundles of personal items, sheets/towels for needy communities through-out BC and Greater Victoria. Lion Connie and her quilting group made colourful sheets and pillowcases which were received with delight. Lion Susanne leads us on this continuing project, with help from Lions Nelles, Donna, Lily, Connie and others.

Our general meeting on March 13, was a visitation opportunity for DG Lia Marie Versaeval, accompanied by her daughter, friend and Zone Chair, Jackie Lawrence. On the menu was a delicious 6 course dinner at Don Mee Seafood Restaurant and the presentation of Service Awards.

**5 Yrs** Pat Hannah, Joyce Ingram, Gaylene Yeung, Connie Haselden **10 Yrs** Amanda Mills, Gayle Chong, Irene Tiampo, Susanne Phillips **15 Yrs** Lynne Corsi **20 Yrs** Donna May **25 Yrs** Annette Quan, Judith Lai, Penny Lai **30 Yrs** Nelles Shackleton, Lily Yee, Georgina Wong

Our members are involved on several not for profit board of directors; volunteer at Government House Museum, Soap for Hope, school breakfasts, culinary events, church community programmes, Canada Dry Victoria Dragon Boat Festival, Herework projects and many other activities.

Our next big project is the Mother's Day Boxes or Gratitude Boxes. We collect dental hygiene products from a member's dentist and Soap for Hope donate all cosmetic/bath/shampoos/make-up products, which we stuff into Chinese take out boxes. Over 100 boxes get distributed to 3 inner city schools for distribution to single parent households on Mother's Day.

Future Project: Paper Shredding & Bottle Drive – Saturday, May 27th Save-On Foods parking lot. See poster page 23.

In April, we will staff a water station for the TC Marathon and in May, we will Hike for Hospice.



5 yr Gaylene, Connie, Joyce, Pat, DG Lia, ZC Jackie



10 yr Susanne, Gayle, Amanda, DG Lia, ZC Jackie



20 yr Donna May Lia, ZC Jackie



25 yr ZC Jackie, Penny, DG Lia



30 yr Lily Yee, DG Lia, Nelles, ZC Jackie



# You'll Love the New LIONS PORTAL



But, we have some important dates & club actions first - 6/15/23 is the date to remember!

**7/15/23-7/24/23:** Target Conversion Date

**Before 6/15/23:** Enter all club officers for 2023-2024

**Before 6/15/23:** Enter service activity for events prior to 6/1/23. Reporting for 6/1/23 going forward will be in the new system after conversion

**Before 6/15/23:** Record any club or donations to LCIF are in the bank with the appropriate supporting documentation for recognition.

**Before 6/15/23:** Make sure club data is accurate for this year (2022-2023). For Example, new members, sponsors, new clubs formed, transfers and other end of year activities specific to clubs are correct and recorded in MyLion/MyLCI

- Make sure every member has an email listed and no shared emails can be used in the new LIONS PORTAL.
- Make sure member birthdays are entered since birth dates in MyLCI will be converted - even the old conversion 1/1/1900 date! Hint: in MyLCI under reports run "Member Information Update Report" and have your members update their info!
- Training is slated to begin in late April 2023 - Stay tuned!



**Lion Portal** - LCI is updating the digital tools you use as a Lion. To put it simply, we're taking the functionality you have today with MyLion, MyLCI, Insights and other tools and combining them — the Lion Portal.

Not too much will change. On the landing page you would see if you are an officer of a club. If you also hold a leadership position, you would see another "tile" with my leadership that would take you to your District, Zone, GAT, LCIF position data that you are authorized within privacy laws to see.

[www.lionsclubs.org/en/resources-for-members/digital-products/portal-updates](http://www.lionsclubs.org/en/resources-for-members/digital-products/portal-updates)



## Phrase Origins

Submitted by Ken Beattie, Willow Point Lions

**IRON CLAD CONTRACT** - This came about from the ironclad ships of the Civil War. It meant something so strong it could not be broken.

**RIFF RAFF** - The Mississippi River was the main way of traveling from north to south. Riverboats carried passengers and freight but they were expensive so most people used rafts. Everything had the right of way over rafts which were considered cheap. The steering oar on the rafts was called a "riff" and this transposed into riff-raft, meaning low class.

**BUYING THE FARM** - This is synonymous with dying. During WW1 soldiers were given life insurance policies worth \$5,000. This was about the price of an average farm so if you died you

## VICTORIA CHINATOWN LIONESSE LIONS CLUB



### PAPER SHREDDING & BOTTLE DRIVE

**SATURDAY JUNE 18th 10am -1pm**  
Save On Foods (Parking Lot) Fort & Foul Bay



**June 18th 10am - 1pm**  
**We are fundraising to help Ukraine!**

#### PAPER SHREDDING

- Prevent identity theft and protect privacy by shredding confidential documents
- \$10 a box or equivalent, immediate shredding
- Cash, debit, credit card and/or company cheque

#### BOTTLE DRIVE

- Bring in your refundable bottles
- Pop, water, alcohol refundable bottles and now milk containers too!
- Let us help declutter your house and garage!



## International Day of Zero Waste

The International Day of Zero Waste aims to promote sustainable consumption and production patterns, support the societal shift towards circularity and raise awareness about how zero-waste initiatives contribute to the advancement of the 2030 Agenda for Sustainable Development.

The waste sector contributes significantly to the triple planetary crisis of climate change, biodiversity and nature loss, and pollution. Humanity generates an estimated 2.24 billion tons of municipal solid waste annually, of which only 55 per cent is managed in controlled facilities. Every year, around 931 million tons of food is lost or wasted and up to 14 million tons of plastic waste enters aquatic ecosystems.

Food that ends up in landfills generates 8 to 10 per cent of global greenhouse gas emissions. Pic: Duncan Moore

Zero-waste initiatives can foster sound waste management and minimize and prevent waste, helping to address the triple planetary crisis, protect the environment, enhance food security and improve human health and well-being.

To read the complete article visit: <https://www.un.org/en/observances/zero-waste-day>



## International Peace Poster Contest 2022 – 2023

PEACE



For over three decades, Lions clubs around the globe have been sponsoring a very special art contest in schools and youth groups. Creating peace posters gives children everywhere the chance to express their visions of peace and inspire the world through art and creativity.

"The future is in our hands, and in order to build it, we have to help each other." ! For over three decades, the Peace Poster Contest has inspired thousands of children around the world. View the 2022-23 Grand Prize and Merit Award winning posters: <https://bit.ly/3J4NImP>



Congratulations to 2022-23 Lions International Peace Poster Contest Grand Prize Winner Emma Andreea Paveliuc, 13, sponsored by IASI D Lions Club (Romania)



### There were 30 - 2022-23 Merit Award Winners. Here are some from Canada and USA

- 2022-23 Merit Award Winner Trinity Hogan 12 years old Canada *Sponsored by* Port Rexton Lions Club
- 2022-23 Merit Award Winner Ward Semhat 13 years old Canada *Sponsored by* Montreal Cedres Du Liban Lions Club
- 2022-23 Merit Award Winner Shitong Yu 13 years old California, USA *Sponsored by* Milpitas Executive Lions Club
- 2022-23 Merit Award Winner Hi-tai Lu 13 years old Louisiana, USA *Sponsored by* Baton Rouge EastLions Club
- 2022-23 Merit Award Winner Lily Wysochanski 12 years old New York, USA *Sponsored by* Lockport Lions Club



In order of listed above







## Nanoose Bay Lions

by Pam Tremblett

On February 23 Tina Lutz, Manager of Corporate and Community Engagement, Nanaimo & District Hospital Foundation attended our meeting. NDHF is currently fundraising for ICU Phase II. Lion Judith Lapadat presented a \$2,500.00 donation to Tina on behalf of NBLC. Nanoose Bay Lions Club has 7 years of giving to NDHF.

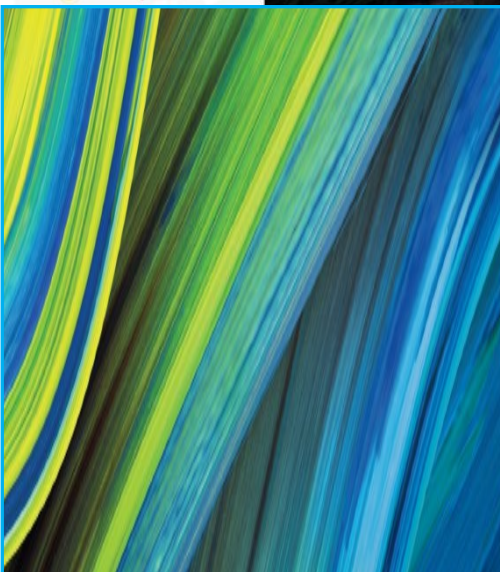
On March 9 Elspeth Erikson, Development and Communications Manager, Island Crisis Care Society attended our meeting. Elspeth discussed the Island Crisis Care Society mission and the #1 issue is homelessness. ICCS was formed in 1989 and now has 13 programs. In Oceanside they provide supportive housing in Orca Place, and they have two more locations in Nanaimo. They also provide women's supportive services, assisted living and specialized services, outreach, and community connection. Lion Bea Kolodziej presented a donation in the amount of \$2,000.00 to Island Crisis Care Society.

Weekly BINGO at Nanoose Place Community Centre is going strong. There are now over 70 people regularly attending and on March 8th we had 83 Bingo players. It is a remarkable fundraiser for Nanoose Bay Lions Club.

On Sunday, April 9th NBLC will host the annual Easter Egg Hunt at Jack Bagley Park in Nanoose Bay. Please see the full poster on page 13 in this newsletter.



### Nanoose Bay Lions Club Easter Egg Hunt



 **The Camp Shawnigan Improvement Committee**   
invites you to a

## WORK PARTY, BANBESQUE, CAMP OUT

**April 29 and 30 at Camp Shawnigan**

**WHAT NEEDS TO BE DONE**

- Washing Walls and Floors
- Power Washing
  - walkways, ramps, roads, shower rooms
- Pruning overgrown
  - shrubs, vines...
- General Grounds Cleanup
- Misc. painting
- Minor electrical, carpentry repairs
- Miscellaneous

**COMMUNITY SERVICE**



**WHAT TO BRING**

- Power Washers
- Pruning tools
- Rakes
- Wheel Barrows
- Misc. painting equip.
- Misc Carpentry tools
- Miscellaneous
- Energy
- Enthusiasm
- Elbow Grease

**You are invited to a weekend of  
Lionism in Action**

**To help young challenged campers to enjoy  
an experience of a life time**

If you and your club members can't make the week end, please consider donating to  
Camp Shawnigan Camperships and/or Camp Shawnigan Improvement Committee

  
**Many Hands Make LIGHT Work**

If you are coming to the Work Party please notify  
Lion Paul McTavish at [campshawnigansec@outlook.com](mailto:campshawnigansec@outlook.com)  
or  
Lion Larrie Taylor at [larriet@shaw.ca](mailto:larriet@shaw.ca)

**All Lions of 191 are invited to the Camp Shawnigan AGM: May 13, 1PM**

# DISTRICT GOVERNOR Lia's CLUB VISITATION SCHEDULE 2022 - 2023

## APRIL 2023

### Environmental Awareness Month

14-16\_\_ 19-I CAMPFIRE CONVENTION

22\_\_ EARTH DAY

29\_\_ WORLD INDUCTION DAY

## MAY 2023

### Strengthen Membership Month

7-9\_\_ NORTHWEST LIONS LEADERSHIP INSTITUTE

## JUNE 2023

4\_\_ LCIF TELL-A-THON

## JULY 2023

7 - 11\_\_ INTERNATIONAL CONVENTION - BOSTON MASS

## SEPTEMBER 2023

21 - 23\_\_ USA/CANADA LIONS LEADERSHIP FORUM

## PHOTO OF THE MONTH

By Bob Orchard



## Lions Foundation of Canada Dog Guides

We are currently in the process of preparing for the big event ahead. Buddy, our Walk mascot, is so excited to get out and stretch his legs. Let us know in the comments if you are planning to participate this year and where. If you would like to become a Walk organizer, please contact our events manager Andrea Stevens at [astevens@dogguides.com](mailto:astevens@dogguides.com) for more details. Visit our website [www.walkfordogguides.com](http://www.walkfordogguides.com) to learn more about our biggest fundraising event. As soon as registration opens, you'll be the first to know!

### **District 19-I Walks**

Walk Location (city): Twin Beaches, Gabriola Island BC

Walk Organizer: Gabriola Lions Club

Contact Name: Jude Briscoe

Contact Email: [judebriscoe@shaw.ca](mailto:judebriscoe@shaw.ca)

Contact Number: 250-247-8600

Date of Walk: 28/05/2023

Walk Location (city): Whiffin Spit, Sooke

Walk Organizer: Deb Schenk

Contact Name: Deb Schenk

Contact Email: [tysdeb@gmail.com](mailto:tysdeb@gmail.com)

Contact Number: 250-642-7332

Date of Walk: 28/05/2023



Drop me a Lion.



**Greetings fellow Lions.**

I would love to hear from you if you have something you'd like to share with MD 19-I Lions.

It's very important that we **ROAR** and tell the world what we are doing. Jokes, stories, successes, challenges or anything you think might be of interest.

Evelyn Smith, D 19-I Newsletter Editor

Cell: 250-802-8105

Email: [esmithmd19i@gmail.com](mailto:esmithmd19i@gmail.com)

**Please let me know if you find any errors or omissions. Yours in Lionism**

**Evelyn**

## CABINET & COMMITTEE CHAIRPERSONS:

### BC Lions Society

PDG Robert Dalton - Port Alberni, BC  
(250) 724-0558 - roblion@telus.net

### Camp Shawnigan Improvement Committee

Larrie Taylor - Parksville, BC  
(250) 927-1411 - larriet@shaw.ca

### C.A.R.E.

PDG Jane Beddows - Sooke, BC  
(250) 642-3378 - (250) 744-0616  
jbeds@telus.net

### Conference Co-Chairs

PDG Brian Phillips Lion Joanne Phillips  
Sooke BC (250) 642-2408  
lion.brian.phillips@telus.net  
joanne-phillips@telus.net

### Contest & Awards

**Vacant**

### Constitution & Bylaws

PCC Larrie Taylor - Parksville, BC  
(250) 954-3814 - (250) 927-1411  
larriet@shaw.ca

### Diabetes Awareness

PDG Georgia Medwedrich - Sooke, BC  
(250) 642-4969 - gdalmaine@gmail.com

### Elections

IPDG Lorne Bunyan - Salt Spring Island, BC  
(250)-537-1647 / (250)-920-9059  
pdglorne.bunyan@gmail.com

### Environment

David Haynes - Nanoose BC  
(250) 468-9534 dhaynes922@gmail.com

### Extension Canada

PDG Alan Guy - Mayne Island, BC  
(250) 539-9876 - af15tbs@shaw.ca

### Extension USA

**Vacant**

### GAT Facilitator

!st VDG Michael Stanford - Victoria, BC  
(250)-412-5260 - (250) 213-3714  
lionmichaelvdg19i@icloud.com

### GAT Leadership

**Vacant**

### GAT Training Coordinator

PCC Al Beddows - Sooke BC  
(250) 516-5084 - abeds@telus.net

### GAT Membership/NAMI Champion

PZC Betty Anne Herbert - Ladysmith, BC  
(250) 245-7977 - lionba@shaw.ca

### GAT Public Relations/Newsletter

Lion Evelyn Smith - Nanaimo, BC  
(250) 802-8105 - esmithmd19i@gmail.com

### GAT Service

Lion Allen McDermaid, Ladysmith, BC  
(250) 245-3445 [Canuk11@love.ca](mailto:Canuk11@love.ca)

### Heads Up Guys

PCC Al Beddows - Sooke, BC  
(250) 642-3378 - (250) 516-5084  
abeds@telus.net

### Hearing & Speech

PZC Barb Wright - Victoria, BC  
(778) 966-2521 - barbwright68@gmail.com

### Honorary Chairperson

PDG Robert Dalton - Port Alberni, BC  
(250) 724-0558 roblion@telus.net

### Information Technology/Website

PDG Ron Metcalfe - Port Alberni, BC  
(778) 419-4565 - (250) 731-9742  
ron2lion@shaw.ca

### International Peace Poster Contest

Lion James Hoskins - Victoria, BC  
(250) 477-1435 - autohos@shaw.ca

### LCIF Coordinator

IPDG Lorne Bunyan - Salt Spring Island, BC  
(250)-537-1647 / (250)-920-9059  
pdglorne.bunyan@gmail.com

### Lions Foundation of Canada (LFC)

PDG Cec Specht - Courtenay, BC  
(250) 338-0509 - (250) 702-0248  
cec.specht@shaw.ca

### Lions Quest

PZC Michael Stanford - Victoria, BC  
(250) 213-3714 lionmichaelvdg19i@icloud.com

### Leadership

PZC Eleanor Bawden - Sooke, BC  
(250) 642-6763 - Cell: (250) 858-7427  
[epbawden@shaw.ca](mailto:epbawden@shaw.ca)

### Nominations

PDG Robert Dalton - Port Alberni, BC  
(250) 724-0558 - roblion@telus.net

### Northwest Lions Foundation

PDG Mike Dukes - Sekiu, WA  
(360) 963-2287 - (360) 640-5404  
dukesmk@centurylink.net

### Parliamentarian

PCC Larrie Taylor - Parksville, BC  
(250) 954-3814 (250)927-1411  
larriet@shaw.ca

### Pediatric Cancer

**Vacant**

### Spot Screener

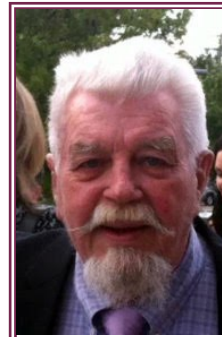
Lion George Smith - Port Alberni, BC  
(250) 723-8557 - (250) 720-7556  
pa\_dweller@yahoo.com

### Vision

PDG Marcel Deslauriers - Victoria, BC  
(250) 245-3445 - marceldes1@gmail.com

### Youth & Camp Exchange

PDG Lia Versaevel - Ladysmith BC  
(250) 606-1515 - versaevel.liamarie@gmail.com



~In loving memory ~

Nanaimo Hub City  
Lions

Knud Lyneborg

Knud immigrated to Canada from Esbjerg, Denmark in the 1950's. He was known for his joking nature. Always up for a good time and a few laughs. He leaves behind 5 children and 10 grandchildren whom he loved dearly. He was especially proud of his grandchildren. He lived independently up until he was 92. He was a very tough old soul.

